

Welcome to The Propolis People Newsletter

Dear All,

I hope you enjoyed the April issue of our newsletter. We had lots of compliments, but we welcome any suggestions and new ideas.

Cold Kimberley weather offered all of us in the office an opportunity to try some new unusual aromatic potions - hot, of course. We enjoy our milk-free coffee exceedingly, but sweetened with some honey and aniseed, it tastes just tantalizing.

I take this opportunity to welcome a new member to our fellowship, Gail who was appointed to be a representative for Western Cape. Gail has a medical background, has been involved with complementary health for many years and has a deep intuitive attitude towards all natural. A perfect coincidence as well - she originally comes from Northern Cape and we share the love for this huge, least populated and polluted province. I firmly believe that coincidences happen for a reason, and that we will have a long and a successful relationship.

Kimberley gremlins got into my new website or dare I say - we lack people in this town with certain skills and that can affect businesses. I have been working on my new website for the past six months and it is still not ready. I broke my promises quite a few times in this regard, but believe me, it turned out to be a nightmare. Perhaps the IT company's below zero service level was inspired by Kimberley weather. Hopefully, it should happen in June.

My marketing expert has not come from PE yet, so, all in all, it seems that June is going to be quite hectic. If not June (Kim gremlins again), July seems certain.

And again, talk to us - we would love to hear from you.

Bee well and stay well,

Dana Sumar

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Essentially Honey The healing synergy of bees and flowers

Lavender - helps you to remain calm
Aniseed - helps with dry cough
Peppermint - helps with stomach aches
Orange Blossom - helps with anxiety
Lemon - helps with flu and colds

ESSENTIALLY HONEY
Experience the magical healing taste of honey enriched with organic essential oils.

Lavender for tranquil composure and Orange Blossom for confident enthusiasm. Let bees and flowers sweetly harmonize your spirit.
Contact Dana at 083 263 0450 or visit www.thepropolispeople.co.za

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PREVENT WINTER BLUES

Propolis is not just an
immunity booster

It acts also as an
immuno-
modulator, natural
antihistamin and anti-
inflammatory agent

Current advertising
Odyssey magazine
Fusion Creations

Why propolis soap?

We are bombarded daily with messages about anti-bacterial cosmetics and toiletries – most of them made with synthetic chemicals, of course. An interesting question comes to my mind: How did our forefathers do it before us? How did they manage in the absence of mass-produced anti-bacterial chemicals? - The answer is very simple, they used natural substances available to them and passed the knowledge on from generation to generation.

Honeybees have used Propolis for centuries and for a good reason. They knew about good hygienic behaviour millions of years ago. Bees use propolis to cover the hive walls, close any openings through which intruders may enter, and most importantly, the queen will not even lay eggs before the brood cells have been sterilized with a microscopic film of propolis. Modern science has proven that propolis has anti-bacterial, anti-fungal and anti-viral properties.

Propolis products come in many different forms and formulations. While the importance of its internal use cannot be overemphasized, its external use in creams, ointments, tissue oil, soaps and other products should be perhaps given more attention.

Our propolis soap comes in a delicate honeycomb shape, with a distinctive brownish-black colour and it is **fragrance-free**, **preservative-free** and **colourant-free**, suitable for all skin types and recommended for use with extremely sensitive skins. A number of eczema and psoriasis sufferers found it more soothing and less irritating than tea tree soap.

However, for those T/tree believers, a unique combination of propolis and tea tree is available.

Propolis soap

Propolis and loofah soap

Propolis and T/Tree soap

Propolis and honey soap

Propolis and loofah soap helps with exfoliating dead skin cells while protecting the skin through its antibacterial effect.

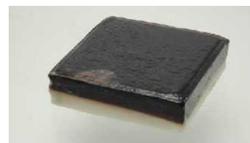
The latest addition to our range is propolis and honey soap where honey acts as a moisturizing agent sweetly scenting the soap.

Propolis accelerates the regeneration of deteriorated tissues, which is probably due to its anti-oxidising properties. Other nutriments have also their contribution to preserving the youth of the epidermis, the phenolic acids, as well as certain amino-acids, such as proline(part of collagen)and arginine(which stimulates the cell renovation).

Propolis proves itself particularly efficient against the attacks of the epidermis by the pathogenic fungi while ensuring a healthy and lustrous skin.

Propolis soap can be considered as an additional aid for acne sufferers, as with regular use it will help to keep the skin clear, naturally.

It has been made with locally produced propolis which has not been irradiated.



Owner and Nutritional Researcher of Nutribalance Benmore health shop

Pierre van Mosseveldt
shares with us his

cats' stories

Do you remember that beautiful white cat from the movie "Stuart Little"? The cat belongs to one of my customers, and she came one day desperate to find something that would help her cat who developed a nasty eczema. She tried everything that a vet recommended and nothing helped. I recommended propolis cream and a few days later she came back to tell me that the eczema disappeared and the cat was doing well.

My own cat was diagnosed with cat's flu and was put on antibiotics. We gave our cat propolis tincture to boost her immune system. Needless to say, he is a happy and a healthy cat now. Being the owner of a health food store myself, I was used to dealing with immunity problems but was amazed with the results achieved.

We supply isoflavones with genistein and daidzein, for menopausal symptoms.



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